



AMBER



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From the Editor's Desk: Weaving Words, Building Service

~Ann. Jayashree Parasuram



Dear Rotarians and Anns,

We step into 2026 brimming with hope, optimism, and positive energy—may this year bring abundant resources, robust health, and continued success for RCA. January proudly marks our flagship project, SCAW, a legacy of service that has been going strong since 1987. As this edition goes to print, we have already completed three successful distributions, with five more lined up—an inspiring start indeed! True to form, RCAians continue to shine as an enthusiastic, committed, and action-oriented team.

The month buzzed with celebrations and meaningful moments as we welcomed the New Year, celebrated Republic Day, and participated in an engaging and thought-provoking speaker meeting. Here's to a dynamic and promising start to 2026 for RCA!

Read, see, and enjoy this vibrant edition!



New Year Celebration 2026

~ Ann. Tamara

For auld lang syne, my dear.

For auld lang syne,

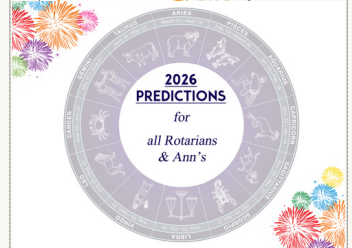
We'll take a cup o' kindness yet,

For auld lang syne!

The timeless **New Year verse** that urges us to cherish old friendships and share a cup of kindness found beautiful expression at the **Rotary Club of Ambattur's New Year 2026 celebration**.

True to this spirit of camaraderie, the evening honoured not only enduring bonds but also the joy of new friendships.

Members, Anns and Annettes, both old and new, gathered at the **Madras Gymkhana Club** on the **3rd of January** to ring in the New Year. The evening commenced with a formal meeting. **First Lady, Ann Jayashree Parasuram**, rendered the **invocation song**, followed by a **warm welcome address** by **President Rtn. T Parasuram**. **Rtn Jai Shetty** then introduced the distinguished guest, **Dr. Peter Patel, International Director, Faculty of Disaster Medicine – India and Nepal**. Dr. Patel spoke fondly about his friendship with Rtn. Jai Shetty and his association with Rotary International. This was followed by **announcements** from **Club Secretary Rtn. Deepan** along with **Rtn. Mala and Rtn. Ravi Shankar** who outlined the **upcoming celebrations, trips, SCAW** and other events planned for the new year. The meeting came to a close with the National Anthem.



The festivities began with the presentation of **personalized greeting and prediction cards** to all the Members and Anns. This thoughtful and much appreciated gesture was curated by **First Lady, Ann Jayashree Parasuram**.

The proceedings were taken over by the **dynamic duo** of **Rtn. Gita Menon** and **Ann. Gayatri** who regaled the gathering with **fun-filled ice breakers** and **games of chance**. To further encourage the **spirit of friendly competition**, the **President and First Lady** gifted a pen to every participant. Under the ever-watchful and enthusiastic guidance of **MC, Rtn. Gita Menon**, couples and singles alike, took to the dance floor, grooving joyfully and filling the evening with energy and laughter.



New Year Fun Times together



The celebrations continued over a sumptuous dinner, but the true icing on the cake was indeed the cake itself! With **kulfi and cream**, the deliciously unique **Malai Kulfi Cake** was a befitting conclusion to a wonderfully sweet **New Year Celebration**.

Our heartfelt gratitude goes to the **incredible team** that organized this memorable event. The meticulous planning, dedicated effort, and every thoughtful detail shone through, creating a warm and joyous atmosphere where everyone felt connected. It was an evening that made lasting memories that will be cherished well into the year ahead.



January Journeys: Club Highlights & Happenings

Speaker Meeting - January 20th 2026

~ Rtn. P Deepan

The Rotary Club of Ambattur hosted an insightful **Speaker Meeting** on **January 20, 2026** at **Pearl Room, Presidency Club**, with **High Tea** from 6:30 PM onwards. The meeting witnessed a good turnout of **19 Rotarians, 5 Anns, 3 Rotaractors, and 5 Guests** who actively participated throughout the session.

The proceedings commenced with the **Collaring** of **President Rtn. PHF T. Parasuram** by **Rtn. PP PNR**, followed by an inspiring **Invocation Song** by **Ann Vijaya Sairam**. The President delivered the Welcome Address, setting the tone for an evening of knowledge sharing and updates on the upcoming projects.

Rtn. T.R. Mala introduced the **Speaker** for the evening, **Mr. M. Dhinesh Kumar, Income Tax Officer**, who addressed the topic **“Personal Income Tax – Old vs New Regime (Pros & Cons)”**.

The Speaker explained the comparative advantages of both tax regimes and helped the members understand the nuances of deductions available for salaried individuals as well as business/professional taxpayers. The topic evoked active engagement, with members posing relevant questions and sharing perspectives.

Following the informative session, the Speaker was felicitated by the President in appreciation of his valuable insights.

The club's **Rotaractors** then made a brief presentation on their upcoming community event with **Vidiyal-17th edition**, scheduled for **14th February** at **Good Shepherd School, Nungambakkam**.

The meeting also featured comprehensive **SCAW (Sleeping Children Around the World) Updates** shared by **Rtn. Ravishankar(Chairman -SCAW)**, highlighting that 154 clubs from 5 districts are participating this year, with 2 international SCAW volunteers joining the initiative. He apprised members about the kit contents, enabling them to understand the value delivered to beneficiaries. He further elaborated that a total of 5,000 kits are planned for distribution across Chennai(Avadi, Thriuverkadu, T.Nagar), Trichy, Perambalur, Vellore, and Jawadhu Hills, showcasing Rotary's wide humanitarian reach.

This was followed by the **Secretary's Announcements** by **Rtn. P Deepan** and a thoughtful **Vote of Thanks** by **Rtn. PP GVRs Sarma**, acknowledging everyone's involvement and contributions. The meeting concluded with the National Anthem.



A **Comprehensive Eye Health Check-Up Camp** was conducted on **24 January 2026** at the **Railway Health Unit, Annanur**. The camp was organized by the **Rotary Club of Chennai Sagar**, in association with the **Rotary Club of Ambattur (ARH)** and **M.N. Eye Hospital**.

A total of **84 beneficiaries** were screened for various eye conditions. The findings included 28 cases of refractive errors, 6 cataract cases, 7 cases of dry eyes, 1 corneal opacity, 18 retinal examinations, 1 squint case, 1 glaucoma case, and 2 pediatric cases.

January Journeys: Club Highlights & Happenings

An educational field trip was organised on **23rd January** for **Class VIII** students of **TV Nagar School** to **Ambattur Rotary Hospital**. The visit served as a career guidance initiative, introducing students to various opportunities in the healthcare sector, including MBBS, Nursing, Pharmacy, Laboratory and X-Ray Technology, and Physiotherapy.

The session was led by **Dr. Mangai** along with the **staff of ARH**, who explained the scope, educational pathways, and responsibilities associated with each profession. This informative and inspiring interaction helped students broaden their career perspectives and make more informed choices about their future.



Rtn. Jayashree Girisan attended a Rotary meeting at the **Rotary Club of Dubai Cosmopolitan** on **7th January**, strengthening international fellowship and Rotary connections



Rtn. Ajitha Balan sponsored Dinner for the students of **Ayappakkam After School Learning Center** students on **7th January**.

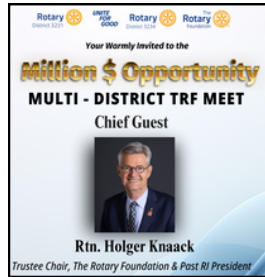


Pongal Celebration at the Ayappakkam After School Learning Center on **January 10th 2026**.



Our Club members **Rtn. Ajitha Balan, Mr. T. Balan, Rtn. Flt. Lt. L. Ramesh, Rtn. G. Ravishankar, Rtn. D. Sambasiva, and Rtn. G. Vishwanathan** attended the **Multi-District TRF Meet** held at **Taj Coromandel, Nungambakkam**, on **28 January 2026**.

The meet provided valuable insights into The Rotary Foundation's initiatives, reinforcing our club's commitment to impactful service and global goodwill.



Stringeri Sharada Equitas Hospital, in association with Ambattur Rotary Hospital, brings world-class cancer care to Ambattur.

This joint initiative offers:

- Expert medical consultation
- Cancer surgical treatment
- Treatment guidance

- Non-profit, honest, and high-quality medical service

Guidance from top medical specialists
Consultant & Head –
Surgical Oncology

Dr. Naveen Padmanabhan
Stringeri Sharada Equitas
Hospital

Consultation Details:

17 Every Saturday
🕒 9:30 AM to 11:30 AM
📍 Ambattur Rotary Hospital

Stringeri Sharada Equitas Hospital | **Ambattur Rotary Hospital**

உலகத்தரம் வாய்ந்த புற்றுநோய் சிகிச்சை வல்லுனர்களின் மருத்துவ ஆலோசனை இப்பொழுது நம்ம அம்பத்தூரில்!

புற்றுநோய் அறுவை சிகிச்சை ஆலோசனை & சிகிச்சை வழிகாட்டுதல்கள்

Dr. Naveen Padmanabhan
Consultant & Head - Surgical Oncology
MBBS, MS, MRCSEd(On), MCh (AIMS, New Delhi)
Stringeri Sharada Equitas Hospital

Stringeri Sharada Equitas Hospital மற்றும் Ambattur Rotary Hospital -கின் கூட்டு முயற்சி இலாப நோக்கற்ற, நேரன்வரனை உயர்ந்த மருத்துவச் சேவை, சிறந்த மருத்துவ நிபுணர்களின் வழிமாட்டுதல்.

குறைவான விலை, இலாப நோக்கற்ற, நேரன்வரனை உயர்ந்த மருத்துவச் சேவை, சிறந்த மருத்துவ நிபுணர்களின் வழிமாட்டுதல். **11:30 மணி**

📞 **044-26258616** | **Ambattur Rotary Hospital**
SP 98, First Main Road, Ambattur Industrial Estate, Chennai - 600 058

January Journeys: Club Highlights & Happenings



SCAW (Sleeping Children Around the World) News



The **SCAW** project took shape through meticulous identification, coordinated packing, and collaborative meetings within the club, under the able leadership of **Rtn. Ravishankar, Chairman – SCAW**, who guided the team.



On **23rd January 2026**, our club members extended a warm and gracious welcome to the SCAW Canadian team members, **Mr. Neil Chopp, Mrs. (Seso) Daljeero Bains, and Mr. Santokh Bains**, upon their arrival at the airport. The reception reflected the spirit of fellowship and international camaraderie that defines Rotary, setting a positive tone for their visit and the successful conduct of the SCAW activities.

On **26th January 2026**, our club members, together with the SCAW Team, convened for a Pre-Distribution Meeting at Ambattur Rotary Hospital. The meeting involved detailed discussions led by **Rtn. G Ravishankar (Chairman- SCAW)** on the proposed distribution venues, scheduling, and travel logistics to ensure smooth and effective execution of the upcoming activities. Following the productive deliberations, the team shared fellowship over lunch at **Patiala House**, strengthening camaraderie and coordination.

On **26th January 2026, Republic Day** was celebrated with pride and patriotism at the **Ambattur Rotary Hospital**. The national flag was unfurled by the **President of RCA, Rtn. T. Parasuram**, in the presence of several **Rotarians and Anns**. The occasion reflected the spirit of unity, service, and national pride cherished by Rotary.



January Journeys: Club Highlights & Happenings



SCAW (Sleeping Children Around the World) News

SCAW Team 2026 : Mr. Neil Chopp (Team Leader)

Mrs. (Seso) Daljeero Bains | Mr. Santokh Bains,



First Distribution - January 27th 2026 - Avadi

Team Leader - Rtn.R Sridharan | Asst. Team Leader - Rtn. Vikram Sarathy



The first distribution programme at **JGVV School, Avadi**, successfully distributed **437 bedkits**. The Club records its sincere appreciation to **Team Leader Rtn. R. Sridharan, Asst. Team Lead Rtn. Vikram Sarathy, SCAW Chairman Rtn. G. Ravishankar**, and the club volunteers—**Rtn. T. Parasuram, Ann. Jayashree Parasuram, Rtn. Ashish Coelho, Rtn. PN Ramachandran, Mr. MK Menon, Rtn. Rema, and Rtn. Harish**—for their excellent coordination. Grateful thanks to the Correspondent, Principal, teachers, and student volunteers for their support. **Rtn. P. N. Ramachandran** sponsored snacks and soft drinks for the children coordinated by **Rtn. D. Sambasiva**.

Distribution - January 28th 2026 - T. Nagar

Team Leader - Rtn. G Vishwanathan





SCAW (Sleeping Children Around the World) News



The distribution programme at **RKM Sarada Vidyalaya School, T. Nagar**, successfully distributed **622 bedkits**. The Club places on record its sincere appreciation to **Team Leader Rtn. G. Vishwanathan, SCAW Chairman Rtn. G. Ravishankar**, and the club volunteers—**Rtn. R. Sridharan, Rtn. M. Vishwanathan, Ann. V. Aruna, Rtn. P. Deepan, Mr. MK Menon, Rtn. Ajitha Balan, Rtn. Col. Bhupinder Singh, Ann. Mano Singh, Rtn. Jai Shetty, and Rtn. Rema**—for their excellent coordination, with support from other Rotary club's Rotarians as well.

Thanks to the Principal, teachers, and student volunteers of **Sathyalok School**, for their cooperation coordinated by **Rtn. Prem Watwani**.

Rtn. P. N. Ramachandran sponsored snacks and soft drinks for the children and volunteers. After a hard day's work, a sumptuous lunch at Pakwaan, courtesy **Rtn. D. Sambasiva**, was enjoyed by all.

Distribution - January 30th 2026 - Puducherry

Team Leader - Rtn. T Parasuram



The **Puducherry** distribution programme successfully distributed **806 bedkits** and was excellently organised by **RC Pondicherry Midtown**. A preparatory coordination meeting held a day earlier at **Sunway Manor Hotel** with the SCAW volunteers ensured smooth execution.

The Club records its sincere appreciation to **Team Leader Rtn. T. Parasuram, RC Pondicherry Midtown**, and our club volunteers, **Rtn. PN Ramachandran, Rtn. R. Sridharan, Rtn. Dr. Winston, Rtn. Suresh Babu, Rtn. P. Deepan, Rtn. Hari Krishnan, and Rtn. Sudarshan** for their exemplary coordination. The programme was telecast on the local Puducherry news channel "**Rainbow TV.**"

Upcoming Distributions

2 nd February	Distribution at Sindhi School of Excellence, Thiruverkadu
3 rd February	Distribution at Trichy
4 th February	Distribution at Perambalur
5 th February	Distribution at Vellore
6 th February	Distribution at Javadhu Hills
Note: Distribution starts at 9.00 a.m at all venues	

